



## Conference Schedule & Description at a Glance

August 5-7, 2010

Walt Disney World Swan and Dolphin Resort • Orlando, Florida

Choose the right combination of courses that best fit your educational needs. Attendees may choose from the following course types to fill their education agenda at RDH Under One Roof 2010:

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| <b>HANDS-ON WORKSHOPS</b>                              | • | <b>SMALL GROUP LECTURES</b>   | • | <b>GENERAL SESSIONS</b>  |
| Limit 4 per attendee;<br>pre-register; limited seating |   | Pre-register; limited seating |   | Registration not required;<br>seating first come, first served |

If you are already registered for RDH Under One Roof 2010 and would like to add workshops to your registration, you may do so by faxing the PennWell registration department at 888-299-8057.

### Wednesday, August 4

**7:00 am – 6:00 pm Registration Open**

**8:00 am – 4:00 pm**

**NEW FOR 2010 – Dental IMPACT Community Action Training Session & Hands-On Workshop**

Learn how to make an IMPACT! During RDH Under One Roof in August 2010, dental hygienists will have the opportunity to learn first hand how to organize and initiate public health projects in their communities to make an impact. The focus for this year's project will be understanding dental disease and preventive measures. A ½ day seminar will include how to organize a community action project, how to work with your local organizations to research community needs, how to write grant applications, mobilize community partnerships and campaign for change. In the afternoon, the program will "hit the street" and go into the Orlando community for attendees to participate first hand in various community action projects and see how it is done.

Attendees will receive:

- 6 CE Credits
- A detailed workbook and materials necessary to organize a community project
- Lunch
- Dental IMPACT volunteer t-shirt
- Round trip transportation to offsite community projects

Fee: \$145

*Note: Attendees may choose to register for this one day event independently of RDH Under One Roof 2010 and the entire dental team is invited to attend.*

**4:30 pm – 5:30 pm**

**First Timer Meet and Greet Orientation**

Is this your first time at RDH Under One Roof? If so, we invite you to join us at this orientation to get better acquainted with the UOR staff and some attendees who have been spending a long weekend out of each summer with us since, well, the beginning in Denver (2001). We'll show you how UOR works, which is a little different than many meetings since we're just about dental hygiene. You are the star attendee, not your employer or other staff members, so we want you to get the most out of it. If you are an UOR alumnus, we also invite you to this orientation, because we believe you would be the best mentor to a newcomer at RDH Under One Roof. Come join us for some ice-breakers and start the conference off right.

### Thursday, August 5

**7:00 am – 7:00 pm Registration open**

**8:00 am – 10:00 am**

**AADH Annual Meeting**

Please join us as our guest! The mission of the American Academy of Dental Hygiene is to foster the continuing pursuit of education and research in the art and science of dental hygiene, provide formal recognition of excellence in the practice of dental hygiene and recognize distinguished community service in the effort to foster improved oral health. Our vision is to foster fellowship, mentorship and leadership. AADH serves the dental hygiene profession as a course approval entity. **Presented by: AADH.**

Thursday, August 5 (continued)

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| Thursday 8:00a – 10:00a | <p><b>Communication Tools for Dental Professionals</b> <span style="float: right;"><b>Dianne Glasscoe Watterson, RDH, BS, MBA</b></span></p> <p>Every superb dental professional needs two things - clinical or technical expertise and good communication skills. This seminar dissects some of the most challenging communication scenarios in the dental office, such as what to say when patients reject treatment recommendations and how to handle patient refusal of radiographs. Other topics include one-on-one communication about patient care issues, barriers to communication, developing a superb chairside manner, reducing disappointments, and using effective analogies to assist patient understanding in discussions about dentistry. Every attendee will gain useful information to improve his/her own communication skills. <b>2 CE Credits.</b></p>  | General Session     |
|                         | <p><b>Instrument Sharpening: Never a Dull Moment!</b> <span style="float: right;"><b>Nancy Andrews, RDH, BS</b></span></p> <p>This hands-on workshop presents various methods of sharpening based on preserving optimal (original) instrument design and effectiveness. Learn and practice with instruments you get to take home. Bring your loupes! Sharpening essentials such as magnification, illumination, and safety will be discussed and demonstrated. Hand-held stones and at least two mechanical devices will be provided for attendees to use and practice with. Each participant will be shown clear demonstrations of instrument design and techniques for sharpening them, have the opportunity to discuss and compare these ideas, and then will practice hand sharpening and mechanical sharpening on real instruments. <b>2 CE Credits. Fee \$10. Course attendance limited to 50. Commercial Support by: Miltext</b></p>                                     | Hands-on Workshop   |
|                         | <p><b>Watch Your Back-Using Pilates Principles to Perfect Your Posture...</b> <span style="float: right;"><b>Juli Kagan, RDH, MEd</b></span></p> <p>Fed up with lower back or shoulder aches? Want to get rid of that pain in your neck, once and for all? Learn the causes and solutions to these distressing conditions in addition to chairside exercises to relieve them! And then, join Juli in an engaging genuine Pilates exercise mat class-like no other-and experience joint release stretches designed specifically for the dental professional. Correct pitiable posture and learn to sit tall, stand strong and work without pain! Your abs, back &amp; buns will thank you! Exercise mat or large towel recommended for the course. For participants with "neck issues", please have an extra smaller towel. Bath size towels will be provided to attendees who do not bring mats. <b>2 CE Credits. Fee \$10</b></p>  | Hands-on Workshop   |
|                         | <p><b>Obtaining Optimal Oral Health Via Risk Assessment</b> <span style="float: right;"><b>Andrea S. Wiseman, RDH</b></span></p> <p>There is a strong belief that risk assessment is the foundation of good evidence based dentistry. As dental professionals, we have the opportunity to provide excellent preventive dental care using an individualized patient approach. By identifying each patient's risk for oral disease, and using appropriate protocols and therapeutic treatments, we can quickly intervene to help our patients maintain optimal oral health. This interactive presentation will provide the necessary tools to incorporate an oral risk assessment and management program into your practice. <b>2 CE Credits. Commercial Support by: 3M ESPE</b></p>  | Small Group Lecture |
|                         | <p><b>Part I: Advanced Dental Implant Care Concepts: Theories and Techniques Lecture..</b> <span style="float: right;"><b>Lynn Mortilla, RDH</b></span></p> <p>Implant maintenance is the cornerstone for dental implant long-term success. This course will present an introduction to implants and dental hygiene care, latest research, assessment strategies and instrumentation options to implement an optimal implant maintenance program. <b>2 CE Credits. Commercial Support by: Hu-Friedy</b></p>   | Small Group Lecture |
|                         | <p><b>Infection Control: FACT OR FICTION</b> <span style="float: right;"><b>Noel Kelsch, RDHAP</b></span></p> <p>Do you have the most current information to make right infection control decisions? Issues such as going green, CDC guidelines, OSHA and other infection control directives can be confusing. Their misinterpretations can make a difference in the safety and health of patients and clinicians alike. This course will give you the tools to implement a simple, safe and effective infection control program in your office. <b>2 CE Credits. Commercial Support by: Medcom</b></p>   | Small Group Lecture |
|                         | <p><b>Melting Tooth Syndrome – Recognizing, Preventing and Treating Erosion and Dentinal Hypersensitivity</b> <span style="float: right;"><b>Anne Guignon, RDH, MPH</b></span></p> <p>Millions of patients now keep their teeth for a lifetime. Patients often suffer needlessly from erosion and dentinal hypersensitivity, problems that profoundly affect quality of life and create enormous clinical challenges. Exposed dentin coupled dry mouth syndrome and increasing consumption of acidic food and beverages contributes directly to the rising incidence of both hypersensitivity and erosion. This course will cover factors leading to non-carious loss of tooth structure and the development of dentinal hypersensitivity and provide new, novel approaches to both diagnose and treat these perplexing problems accurately that are effective and easy to incorporate into daily practice immediately. <b>2 CE Credits. Commercial Support by: Colgate</b></p> | Small Group Lecture |
|                         | <p><b>Win the Battle Against Biofilm: Leverage the Power of Ultrasonics</b> <span style="float: right;"><b>Karen Hays, RDH, BS</b></span></p> <p>This course is based on the current scientific literature and evidenced-based strategies to provide clinicians practical guidelines regarding the use of ultrasonic instrumentation. Ultrasonic instrumentation techniques will be covered extensively following the dental hygiene process of care and utilizing hands-on activities. Patient cases demonstrating successful treatment with ultrasonic instrumentation will be shared. <b>3 CE Credits. Fee \$15. Course attendance limited to 50. Commercial Support by: Dentsply Professional</b></p>   | Hands-on Workshop   |

Thursday, August 5 (continued)

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| <b>Thursday 10:30a – 12:30p</b>                                      | <p><b><i>New Evidence on Prevention of Oral Diseases and the Link with Systemic Disorders</i></b><br/> <b>Maria Perno Goldie, RDH, MS &amp; Marcelo W. B. Araujo, DDS, MS, PhD</b></p> <p>The presenters will introduce new scientific information on the link between periodontal diseases and systemic disorders, involving data from a new breakthrough study that shows that, when used as directed, the germ killing action of an essential oil antiseptic mouthrinse can prevent systemic events, such as bacteremia. In addition, the latest evidence connecting oral diseases to systemic diseases, such as cardiovascular diseases, diabetes and renal disorders, will be reviewed, as well as the clinical implications significant to dental hygienists.</p> <p><b>2 CE Credits. Commercial Support by: Johnson &amp; Johnson</b></p>   | <p>General Session</p>     |
|  | <p><b><i>Explore the Systemic Disease Pharmacologic Connection</i></b><br/> <b>Marilyn Cortell, RDH, MS, FAADH</b></p> <p>It has become imperative that the dental professional possess a significant understanding of ways that both systemic disease and oral disease relate to the possible success or failure of a clinical procedure. This presentation will review selected systemic conditions, drugs used in treatment, common adverse effects and specific oral manifestations with a concentration on how these drugs relate to general health and treatment of underlying illnesses. Emphasis will be placed on conditions and pharmaceuticals that the dental professional will likely encounter during routine patient care.</p> <p><b>2 CE Credits. Commercial Support by: American Academy of Dental Hygiene (AADH)</b></p>   | <p>General Session</p>     |
|  | <p><b><i>Instrument Sharpening: Never a Dull Moment!</i></b><br/> <b>Nancy Andrews, RDH, BS</b></p> <p>This hands-on workshop presents various methods of sharpening based on preserving optimal (original) instrument design and effectiveness. Learn and practice with instruments you get to take home. Bring your loupes! Sharpening essentials such as magnification, illumination, and safety will be discussed and demonstrated. Hand-held stones and at least two mechanical devices will be provided for attendees to use and practice with. Each participant will be shown clear demonstrations of instrument design and techniques for sharpening them, have the opportunity to discuss and compare these ideas, and then will practice hand sharpening and mechanical sharpening on real instruments.</p> <p><b>2 CE Credits. Fee \$10. Course attendance limited to 50. Commercial Support by: Miltex</b></p> | <p>Hands-on Workshop</p>   |
|  | <p><b><i>Part II: Theories and Techniques Hands-On Workshop...</i></b><br/> <b>Lynn Mortilla, RDH</b></p> <p>This hands-on workshop will feature keys to effective probing and scaling dental implants. Part II will teach skills that builds on Part I. Registrants for Part II must have also attended Part I or an equivalent Advanced Dental Implant Maintenance Course by Lynn Mortilla, RDH. <b>2 CE Credits. Fee \$10. Course attendance limited to 40. Commercial Support by: Hu-Friedy</b></p>  | <p>Hands-on Workshop</p>   |
|  | <p><b><i>Obtaining Optimal Oral Health Via Risk Assessment</i></b><br/> <b>Andrea S. Wiseman, RDH</b></p> <p>There is a strong belief that risk assessment is the foundation of good evidence based dentistry. As dental professionals, we have the opportunity to provide excellent preventive dental care using an individualized patient approach. By identifying each patient's risk for oral disease, and using appropriate protocols and therapeutic treatments, we can quickly intervene to help our patients maintain optimal oral health. This interactive presentation will provide the necessary tools to incorporate an oral risk assessment and management program into your practice. <b>2 CE Credits. Commercial Support by: 3M ESPE</b></p>  | <p>Small Group Lecture</p> |
|  | <p><b><i>Premeditated Dental Hygiene</i></b><br/> <b>Beth Thompson, RDH, BS, FACE, OM</b></p> <p>Learn to build effective health partnerships with your patients. Eliminate the "just a cleaning" appointments by focusing clinical time to relationship building and achieving dental health goals. Discover how to address clinical dilemmas with comfort and confidence. Prepare for tomorrow today by individualizing your appointment scheduling to address realistic, meaningful expectations from each appointment. New diagnostic tools for early decay detection and perio infection will be introduced, along with treatment implementation ideas to utilize now and in the future. <b>2 CE Credits. Commercial Support by: Procter &amp; Gamble Attendees will receive a special sampling package from Procter &amp; Gamble at the conclusion of the program.</b></p>   | <p>Small Group Lecture</p> |
|  | <p><b><i>Infection Control: FACT OR FICTION</i></b><br/> <b>Noel Kelsch, RDHAP</b></p> <p>Do you have the most current information to make right infection control decisions? Issues such as going green, CDC guidelines, OSHA and other infection control directives can be confusing. Their misinterpretations can make a difference in the safety and health of patients and clinicians alike. This course will give you the tools to implement a simple, safe and effective infection control program in your office.</p> <p><b>2 CE Credits. Commercial Support by: Medicom</b></p>   | <p>Small Group Lecture</p> |
|  | <p><b><i>The Intentions of Prevention</i></b><br/> <b>Deborah Dopson Hartley, RDH</b></p> <p>There is so more to a dental hygiene appointment than the production dollars made, teaching how to brush and floss and cleaning the patient's teeth. It is vital that good dental habits are established and that oral health promotion and disease prevention be targeted at for ages. In fact, the three major priorities of Healthy People 2010 address these issue: 1) to reduce the proportion of children, adolescents, and adults with untreated dental decay; 2) increase the proportion of oral and pharyngeal cancers detected at an early stage; and 3) reduce periodontal disease. <b>2 CE Credits. Commercial Support by: DMG America</b></p>  | <p>Small Group Lecture</p> |
| <p><b>12:30 pm – 2:00 pm Lunch (attendees are own their own)</b></p> |  |                            |

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| <b>Thursday 2:00p – 4:00p</b> | <p><b><i>Risk Based Periodontics: It's Time To Get Rid of the Cleaning Lady Image</i></b> <b>Tim Donley, DDS, MSD</b><br/> It is time to get rid of the cleaning lady image! The hygienist should be playing the most significant role in today's periodontics. That is because there are significant numbers of patients walking into our offices every day with legitimate periodontal treatment needs. There are now more than ever compelling reasons to address these needs. This course will show you how to take a risk based approach to periodontics which can help you to determine the level of treatment aggressiveness and to motivate patients to following through with your treatment recommendations. You will learn the very latest about the links between oral and overall health. More importantly, you will leave with the knowledge and materials necessary to more effectively care for your patient's oral and overall health. Attendees consistently rate this course as "excellent."<br/> <b>2 CE Credits. Commercial Support by: Oral DNA</b></p> | <p>General Session</p>                        |
|                               | <p><b><i>The Mysterious Mole</i></b> <b>Shannon Nanne, RDH</b><br/> During your routine oral cancer screenings, have you noticed something abnormal on a patient's face, lip, eye or skin? Do you just let it go, or have you actually brought it to their attention? This course will enlighten you and help you understand the difference between normal and abnormal. Something abnormal to you may not be that abnormal. Are tanning beds really that safe, and what is UV Radiation? What number of sunscreen is absolutely necessary? By the end of the course you will know what to say to your patients and how to say it. <b>2 CE Credits.</b></p>   | <p>General Session</p>                        |
|                               | <p><b><i>Lasers in a Hygiene World of Dentistry</i></b> <b>Jessica Anne Blayden, RDH, BS</b><br/> This workshop offers descriptions of applications that can be performed with the soft tissue diode laser, and includes an overview of laser treatment protocol in periodontal therapy.<br/> <b>2 CE Credits. Fee \$10. Course attendance limited to 50. Commercial Support by: Orascoptic Kerr</b></p>  | <p><b>Sold Out</b><br/> Hands-on Workshop</p> |
|                               | <p><b><i>The 5 Keys to Working With Ease: Reduce Musculo-Skeletal Stress &amp; Strain With Effective Use of Hand Instruments</i></b> <b>Sherry Burns, RDH, MS</b><br/> This course will focus on the interrelationship between cumulative trauma disorders and instrumentation techniques. A variety of hands-on activities utilizing a wide array of dental instruments with typodonts will give participants the opportunity to discover new approaches to providing routine dental hygiene procedures to help reach peak performance with minimal stress and strain. This 2 hour workshop will acquaint the Dental Hygienist with recent advancements in instrument designs to facilitate clinical techniques and minimize musculoskeletal stress. The presentation and activities will encourage an individualized approach toward neutralizing motions and postures for enhancing dexterity, preserving strength, and increasing confidence when confronting clinical challenges. <b>2 CE Credits. Fee \$10. Commercial Support by: Hu-Friedy</b></p>                    | <p>Hands-on Workshop</p>                      |
|                               | <p><b><i>CAMBRA: An Ageless Process of Care</i></b> <b>Michelle Hurlbutt, RDH, MSDH</b><br/> This interactive hands-on workshop will introduce clinicians to Caries Management by Risk Assessment (CAMBRA), a process of care to determine strategies to prevent and manage caries infection. Caries infection has increased in adult populations and continues to be a major disease for children. A review of assessment for 0-5 and 6-adult will be presented along with specific agents to prevent and treat caries. Assessment of current protocols and therapies will provide attendees with the tools necessary to implement the best in minimally invasive approaches to care. <b>2 CE Credits. Fee \$10. Commercial Support by: Discus Dental</b></p>  | <p>Hands-on Workshop</p>                      |
|                               | <p><b><i>Good Vibrations: Ultrasonics and More</i></b> <b>Beth Thompson, RDH, BS, FACE, OM</b><br/> Participants are introduced to current ultrasonic therapy, both piezo and magnetostrictive technologies, tip selection, tip care, optimal tip application techniques. <b>2 CE Credits. Fee \$10. Commercial Support by: Coletene Whaledent</b></p>  | <p>Hands-on Workshop</p>                      |
|                               | <p><b><i>Bridging the Gap: Tips for Treating a Patient with Autism</i></b> <b>Karen Raposa, RDH, MBA</b><br/> The CDC is reporting that 1 in every 91 children today is born with some form of Autism, a disease that affects an individual's ability to communicate, socialize, and in some cases function independently. This course provides a review of the patient with Autism Spectrum Disorder. A review of how to properly assess the patient's abilities will be conducted. Techniques for treatment and a review of technology and creativity that might be used will be explored. Guidelines will be given for practitioners on how to easily incorporate these special, rewarding patients into their practice. <b>2 CE Credits. Commercial Support by: Colgate</b></p>   | <p>Small Group Lecture</p>                    |
|                               | <p><b><i>Lost in Translation...</i></b> <b>.Patti DiGangi, RDH, BS</b><br/> Communication with your patients can break down due to insufficient awareness of patient benefit plans, insurance codes, and the practice's financial options. When the clinical and administrative team members lose the details in translation, there are no winners. In this lively lecture, Patti DiGangi discusses how to minimize the stress of this often dreaded part of the patient experience. <b>2 CE Credits. Commercial Support by: Procter &amp; Gamble.</b> Attendees will receive a special sampling package from Procter &amp; Gamble at the conclusion of the program.</p>  | <p>Small Group Lecture</p>                    |
|                               | <p><b><i>The Intentions of Prevention</i></b> <b>Deborah Dopson Hartley, RDH</b><br/> There is so more to a dental hygiene appointment than the production dollars made, teaching how to brush and floss and cleaning the patient's teeth. It is vital that good dental habits are established and that oral health promotion and disease prevention be targeted at for ages. In fact, the three major priorities of Healthy People 2010 address's these issue: 1) to reduce the proportion of children, adolescents, and adults with untreated dental decay; 2) increase the proportion of oral and pharyngeal cancers detected at an early stage; and 3) reduce periodontal disease. <b>2 CE Credits. Commercial Support by: DMG America</b></p>  | <p>Small Group Lecture</p>                    |

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| Thursday 4:30p – 6:30p   | <p><b>Orlando Revue: New and Innovative Products of 2010</b> Moderator: <b>Tricia Osuna, RDH, BS, FAADH</b><br/> Discover the latest products and services as 10 different company representatives share the latest technology, products and innovations for the dental hygiene market.<br/> <b>2 CE Credits.</b></p>   | General Session     |
|  | <p><b>Clues to a Devastating Illness: Severe Mental Illness and Oral Health</b> <b>Lisa Knapp, RDH, BS</b><br/> Severe mental illness (SMI) is a life-altering disease that affects people just as they are beginning to discover the freedoms of adulthood. In addition to the psychosocial challenges faced by this population, many confront a myriad of oral health issues including xerostomia and tooth loss. Because of their illness, affected individuals often do not seek oral health care services thereby developing new oral health problems and exacerbating existing disease. These patients need special care and understanding when they seek oral health care services. This session offers oral health professionals insight into SMI and how to provide care in a safe and respective manner. <b>2 CE Credits.</b></p>   | General Session     |
|  | <p><b>It's Magical...If You Have The Right Instruments!</b> <b>Judy Bendit, RDH, BS</b><br/> The demands on your clinical skills have increased since you were introduced to the fundamentals of instrumentation in hygiene school. Take advantage of this unique opportunity to examine the newest sophisticated instruments designed specifically for the contemporary practitioner. In this fun and informal 2 hour workshop, you will review the old traditional (but tried and true) instruments, and compare their style with new instrument designs. You will have the opportunity to use a wide variety of these scalers and cures with typodonts. Your ability to choose that "Magical Instrument" for the unique needs of your individual patients will increase the effectiveness and efficiency of your therapeutic skills. <b>2 CE Credits. Fee \$10. Commercial Support by: Hu-Friedy</b></p>   | Hands-on Workshop   |
|  | <p><b>Good Vibrations: Ultrasonics and More</b> <b>Beth Thompson, RDH, BS, FACE, OM</b><br/> Participants are introduced to current ultrasonic therapy, both piezo and magnetostrictive technologies, tip selection, tip care, optimal tip application techniques. <b>2 CE Credits. Fee \$10. Commercial Support by: Coletene Whaledent</b></p>   | Hands-on Workshop   |
|  | <p><b>Practical Infection Control Workshop</b> <b>Nancy Andrews, RDH, BS</b><br/> A variety of infection control products and approaches are presented in this lively and interactive hands-on workshop. Basic disease transmission and infection control are explored in light of current documented knowledge while using products as instructional tools – and gifts. Misconceptions and common problems will be discussed, along with potential implications and consequences. The program is intended to help participants get maximum effectiveness from their infection control efforts. Really use, and really see (with glow-germs and other activities) how different techniques and products work – and go home with a bag of samples and many new ideas! <b>2 CE Credits. Fee \$10. Commercial Support by: SciCan</b></p>   | Hands-on Workshop   |
|  | <p><b>Head, Shoulders, Knees and Toes: Taking Care of You While You are Taking Care of Patients</b> <b>Noel Kelsch, RDHAP</b><br/> Most dental hygienists are really great at taking care of patients and meeting patient needs, but not so good at taking care of themselves. Simple changes in the practice of dental hygiene can add to your quality of life, the longevity of your career and patient comfort. This hands-on course gives you the tools and equipment to make those changes in your everyday practice of dental hygiene. <b>2 CE Credits. Commercial Support by: Orascoptic Kerr</b></p>  | Small Group Lecture |
|  | <p><b>Paradigm Shifts in Periodontal Therapy: Implementing Evolving Protocols</b> <b>Kristy Menage Bernie, RDH, BS, RYT</b><br/> The practice of dental hygiene and preventive practice has changed over the past 25 years. Emerging sciences have led to key understanding of new methods to prevent and treat periodontal disease. This session will overview the ever changing paradigms surrounding the practice of dental hygiene with emphasis on evolving preventive &amp; therapeutic protocols. <b>2 CE Credits. Commercial Support by: Discus Dental</b></p>  | Small Group Lecture |
|  | <p><b>You Can Remove Calculus But Can You Treat The Infection?</b> <b>Bill Landers</b><br/> Most of us were taught that calculus caused periodontal disease and that removing it was the best treatment if not an actual cure. That notion originated in the 1950's -1970's and still persists because most patients do get better with SRP. The problem is, it's only temporary. That's because calculus does not cause disease. Periodontal disease is an infection. Removing calculus helps because it reduces the overall number of bacteria, but it doesn't remove all bacteria. Those remaining easily recolonize the teeth whether they are rough or smooth. The immune system doesn't care either. So, beyond scrapodontics, what are you doing to prevent infection? This course will update you with the latest information on what biofilms are, how they colonize tooth surfaces and how they interact with the immune system. It will review the microbiological effects of traditional SRP and the advantages and limitations of the newest antimicrobial therapeutic options. <b>2 CE Credits. Commercial Support by: Oratec</b></p> | Small Group Lecture |
| 5:30 pm – 8:00 pm Exhibits Open  |   |                     |
| <p>6:30 pm – 8:00 pm<br/> <b>Welcome Reception</b><br/> Help open our 13<sup>th</sup> RDH Under One Roof conference by joining us on the exhibit floor at the Welcome Reception on Thursday, August 5th. Enjoy hors d'oeuvres and refreshing drinks while networking with colleagues and viewing the exhibits.<br/> <b>Sponsored by: Brasseler USA</b></p> |   |                     |

Friday, August 6

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| <b>7:00 am – 6:00 pm Registration Open</b>   |   |                     |
| <p><b>8:00 am – 10:00 am KEYNOTE SESSION - Humor: A Strategy for Success for Dental Hygienists</b> <span style="float: right;"><b>Jeanne Robertson</b></span><br/>         In this step-by-step presentation, Jeanne helps audiences learn how to develop a sense of humor, which according to her is a choice in how you go about living. She explains the dynamics of humor, challenging audiences to laugh at themselves, look for the humor in everyday situations, create their own humor and influence others to do the same, relieve stress through humor and take humor breaks. As she relates her original, funny tales, Jeanne helps people develop a refreshing new approach to humor and the magic it works in our daily lives.<br/> <b>2 CE Credits. Commercial Support by: Philips Sonicare</b><br/>         General Session</p> |   |                     |
| <b>10:00 am – 2:30 pm Exhibits Open</b>  |   |                     |
| <b>Friday 10:30a – 12:30p</b>  | <p><b>Orlando Revue: New and Innovative Products of 2010</b> <span style="float: right;"><b>Moderator: Tricia Osuna, RDH, BS, FAADH</b></span><br/>         Discover the latest products and services as 10 different company representatives share the latest technology, products and innovations for the dental hygiene market. <b>2 CE Credits.</b></p>   | General Session     |
|  | <p><b>Tap Into Your Talent: Develop Your Skills for Co-Diagnosis and Enrollment</b> <span style="float: right;"><b>Rachel Wall, RDH, BS</b></span><br/>         Top hygienists know that co-diagnosis is crucial to enrolling patients into restorative and periodontal care. Cooperative diagnosis allows hygienists to tap into their talents for observation and patient education while increasing their value to the practice. Achieving a high level of co-diagnosis requires communication between hygienist, doctor and patient along with the right tools for diagnosis and education. This course outlines simple steps that will take your diagnostic confidence and effectiveness through the roof. <b>2 CE Credits.</b></p>  | General Session     |
|  | <p><b>EmPOWER Scaling - Know Your Clinical Choices...</b> <span style="float: right;"><b>Jodi Deming, RDH</b></span><br/>         This seminar examines piezo technology used in nonsurgical periodontal therapy, including techniques and tip designs for successful treatment outcomes. <b>2 CE Credits. Fee \$10. Commercial Support by: Hu-Friedy</b></p>   | Hands-on Workshop   |
|  | <p><b>Systemic Influences on Oral Health</b> <span style="float: right;"><b>Dianne Glasscoe Watterson, RDH, BS, MBA</b></span><br/>         Good oral health is not just the product of good oral hygiene. A growing body of evidence points to a wide array of systemic influences that affect oral health. This course examines various systemic diseases and medications that have a direct impact on oral health as well as the periodontal/systemic disease link. Attendees will enjoy participating in 'Oral/Systemic Jeopardy' as a review of information presented. <b>2 CE Credits. Commercial Support by: Colgate</b></p>   | Small Group Lecture |
|  | <p><b>Aging Gracefully – Give Them Something to Smile About</b> <span style="float: right;"><b>Doreen Smeltzer, RDH, MA.Ed.</b></span><br/>         This course will address the most recent statistics on aging and discuss the oral ramifications of the most common diseases and conditions related to the aging process. Customized treatment protocols best suited for those with medical/oral concerns will be discussed. <b>2 CE Credits. Commercial Support by: Dentsply Professional</b></p>   | Small Group Lecture |
|  | <p><b>Is Your Practice Doing Soft Tissue Management or Just Scaling and Root Planing?</b> <span style="float: right;"><b>Jennifer M. Stutz, RDH</b></span><br/>         This course will re-evaluate how we are treating periodontal disease in the general practices today. Are we just scaling and root planing only to have our patients fail and we have to rescale and root plane them every 3-4 years? Not anymore! By implementing a successful Soft Tissue Management program into the practice we can properly treat our periodontal patients by using conservative care in the office and more patient involvement at home. This course will be a great motivation to the periodontally frustrated hygienist!! <b>2 CE Credits. Commercial Support by: Zila Pharmaceutical</b></p>  | Small Group Lecture |
|  | <p><b>Building Value for Dentistry</b> <span style="float: right;"><b>Catherine Cabanzon, RDH</b></span><br/>         Since the Surgeon General's report "Oral Health in American" oral health is on the radar. The correlation between chronic inflammation caused by periodontal disease, heart disease, diabetes and preterm birth is something that must be addressed and looked at when incorporating treatment modalities in the dental practice. We are in a paradigm shift, how we assess dental diseases have changed. This program will embrace these changes in dentistry and help the dental health care professional achieve case acceptance. This program will also provide the entire dental team with the tools necessary to present appropriate treatment and guide their patients to achieve optimal oral health while building future value for dentistry. <b>2 CE Credits. Commercial Support by: OraPharma</b></p> | Small Group Lecture |
|  | <p><b>Comfort, Compatibility, and Convenience: Utilizing Technology to Enhance Dental Hygiene Care Delivery</b> <span style="float: right;"><b>Betsy Reynolds, RDH, MS</b></span><br/>         Integrating clinical strategies that maximize patient benefits while minimizing dental hygiene operator fatigue can be a daunting task indeed. Presented in a relaxed forum encouraging audience participation, this course is designed to provide up-to-date information on how best to provide comprehensive patient care in the dental hygiene setting. Instrument, microbiological, home care strategies and equipment considerations highlighting innovative new technology will be included in this seminar. Come prepared to learn and laugh as you discover new ways to enjoy the wonderful profession of dental hygiene! <b>2 CE Credits. Commercial Support by: Discus Dental</b></p>  | Small Group Lecture |
|  | <p><b>Discover the POWER of Remineralization Therapy.....</b> <span style="float: right;"><b>...Dianne Testa, RDA, RDH, BDSH</b></span><br/>         Get geared up for an exciting trip into new techniques in remineralization. With all the hype on Caries Risk Management and remineralization, are you confused? This course is focused on "Caries the disease," and how it affects the patient's health. It will provide you with all the information on all the new remineralization products. You will receive the information on assessing white spot lesions, step by step protocols on remineralization therapies, what codes to use, what to charge, and how much time to set aside for each appointment. Also, as an added feature, you will be given great tools to help you understand your patient's communication style. <b>2 CE Credits. Commercial Support by: GC America</b></p>                                     | Small Group Lecture |
|  | <b>12:00 pm – 2:30 pm Lunch in Exhibit Hall (included in conference tuition) Sponsored by: Colgate</b>  |                     |

Friday, August 6 (continued)

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| Friday 2:30p – 4:30p   | <p><b>Exploring the Emerging Science About Oral Diseases and Systemic Disorders</b><br/> <b>Ann Eshenaur Spolarich, RDH, PhD</b><br/>                 The purpose of this course is to highlight the latest findings from research about interventions that can successfully reduce oral disease. This knowledge is translated into risk reduction strategies that clinicians can apply in their daily practice to improve the health and well-being of their patients. Advances in research examining the oral systemic disease link will also be discussed. <b>2 CE Credits. Commercial Support by: Colgate</b></p>  | General Session                        |
|  | <p><b>HIPAA- How You Can Avoid Complaints</b><br/> <b>Olivia Wann, RDH, BS</b><br/>                 Learn the latest requirements included in President Obama's Stimulus Bill. The Electronic Health Record will be launched by the end of 2014. In preparation for the computerized medical record, HIPAA regulations have increased penalties and now subjects Business Associates to compliance. Understand what the Department of Health &amp; Human Services requires from your practice including policies, forms and training. It is not just simply getting your patient to sign a HIPAA consent! If a complaint is made against your practice, you will be asked for all required documentation which can be an embarrassing and costly oversight if you are caught unprepared. Get your office up to date with these latest HIPAA changes that affects both your dentist and individual staff members who could be subject to criminal penalties. <b>2 CE Credits.</b></p> | General Session                        |
|  | <p><b>Varnishes, Varnishes, Varnishes</b><br/> <b>Connie Lorich, RDH, BS</b><br/>                 This course will review the use of varnishes in dental hygiene practice. We will cover the science behind available varnishes, including fluoride varnishes and chlorhexidine varnishes, as well as treatment planning recommendations. We will consider varnishes from many different dental manufacturers and look at positives and negatives of each. In this hands on workshop, you will have the opportunity to try many different varnishes and find out which work best for you and your patients. Sample packages will be provided to each participant. <b>2 CE Credits. Fee \$10. Course attendance limited to 50. Commercial Support by: Ivoclar Vivadent</b></p>  | <b>Sold Out</b><br>Hands-on Workshop   |
|  | <p><b>Taking the Stress out of Daily Treatment Planning</b><br/> <b>Catherine Cabanzon, RDH</b><br/>                 The day of a hygienist is fast passed and filled with multiple tasks that must be completed in a very short amount of time. This hands on interactive workshop will utilize an online treatment planning tool that will help maximize your time while effectively communicating the need for treatment. <b>2 CE Credits. Fee \$10. Commercial Support by: OraPharma</b></p>   | Hands-on Workshop                      |
|  | <p><b>Wait For It... Wait For It... THE Ultrasonic Hands-on Workshop!</b><br/> <b>Debi Gerger, RDH, MPH</b><br/>                 Typodonts, inserts, ultrasonic units, and the power of it all in one hands-on interactive workshop. This course is designed to provide the practitioner with ultrasonic instrumentation knowledge, skills, and values to move beyond the competent clinician to master clinician. A discussion of the current literature will provide participants with information about ultrasonic therapy as part of a non-surgical periodontal care plan for improved patient outcomes. This session will provide a hands-on experience with a spectrum of ultrasonic insert designs focusing on direct application, technique, and instrumentation sequencing. <b>2 CE Credits. Fee \$10. Commercial Support by: Discus Dental</b></p>   | Hands-on Workshop                      |
|  | <p><b>EmPOWER Scaling - Know Your Clinical Choices...</b><br/> <b>Jodi Deming, RDH</b><br/>                 This seminar examines piezo technology used in nonsurgical periodontal therapy, including techniques and tip designs for successful treatment outcomes. <b>2 CE Credits. Fee \$10. Commercial Support by: Hu-Friedy</b></p>  | Hands-on Workshop                      |
|  | <p><b>Caries Intervention: Infectious Disease or Infectious Smile?</b><br/> <b>Renee Graham, RDH, MEd</b><br/>                 This seminar focuses on challenges encountered during non-surgical periodontal therapy, and each participant will examine operating features and design characteristics in debridement devices. <b>2 CE Credits. Commercial Support by: Dentsply Professional</b></p>   | Small Group Lecture                    |
|  | <p><b>Is Your Practice Doing Soft Tissue Management or Just Scaling and Root Planing?</b><br/> <b>Jennifer M. Stutz, RDH</b><br/>                 This course will re-evaluate how we are treating periodontal disease in the general practices today. Are we just scaling and root planing only to have our patients fail and we have to rescale and root plane them every 3-4 years? Not anymore! By implementing a successful Soft Tissue Management program into the practice we can properly treat our periodontal patients by using conservative care in the office and more patient involvement at home. This course will be a great motivation to the periodontally frustrated hygienist!! <b>2 CE Credits. Commercial Support by: Zila Pharmaceutical</b></p>   | <b>Sold Out</b><br>Small Group Lecture |
|  | <p><b>Minimum Invasive Treatment of White Spot Lesion.</b><br/> <b>Dianne Testa, RDA, RDH, BDSH</b><br/>                 White spot lesions are a common problem we see in our patients, especially those going through orthodontic treatment. Learn the new modern way of treating white spot lesions in office without removing any enamel in order to do so. Not only will this course teach you how to reduce the look of a white spot lesion but also incorporate new billable services into your practice to increase production, while benefitting your patients. <b>2 CE Credits. Commercial Support by: GC America</b></p>  | Small Group Lecture                    |
|  | 4:30 pm – 6:30 pm Exhibits Open  |  |
| <p>4:30 pm – 6:30 pm<br/> <b>Exhibits Open Networking Reception in Honor of RDH/Sunstar Americas Award of Distinction Recipients</b><br/>                 Make plans to attend the RDH Under One Roof Networking Reception on the exhibit floor. This event provides a great opportunity to meet other colleagues in a relaxed social atmosphere. Enjoy drinks and refreshments, view the exhibits, and help us honor and congratulate the Sunstar Americas/RDH Award of Distinction winners!<br/> <b>Sponsored by: Sunstar Americas</b></p> |  |  |

Saturday, August 7

| 7:30 am – 2:00 pm Registration Open |  |                                      |
|-------------------------------------|--|--------------------------------------|
| Saturday 8:00a – 10:00a             | <p><b>Soft Drink Junkies – Teeth, Bones and Body Fat</b> <span style="float: right;"><b>Anne Guignon, RDH, MPH</b></span><br/> <i>(Formerly: Sitting Pretty – Reducing Ergonomic Challenges In Our Treatment Rooms)</i></p> <p>Soft drinks are a regular staple in many diets. Popular drinks like soda pop, refrigerated teas, energy and sports drinks are fast tracking Americans into diseases that will haunt them for a lifetime. Learn the how and why these beverages are contributing directly to the epidemics of diabetes, obesity, osteoporosis, and dental caries. Discover which beverages are safe, which ones to avoid and how to combat their erosive potential. <b>2 CE Credits. Commercial Support by: Orascoptic Kerr</b></p>  | General Session                      |
|                                     | <p><b>Learning In the Round – Breakfast Roundtables</b></p> <p>Join this ever-popular opportunity to trade ideas with other dental hygienists in a small group setting while you are introduced to new products and techniques that will benefit your practice. Join us for breakfast and come away energized with new ideas and for your office. Participating companies include: Kerr Totalcare, Orascoptic Kerr, Parkell, Parnell Pharmaceutical, and Procter &amp; Gamble. <b>2 CE Credits. Fee \$10. Course attendance limited to 60 – breakfast will be served.</b></p>  | <b>Sold Out</b><br>Hands-on Workshop |
|                                     | <p><b>Polishing: A Workshop for the Master Clinician</b> <b>Debi Gerger, RDH, MPH &amp; Michelle Hurlbutt, RDH, MSDH</b></p> <p>Tooth polishing is one of the most commonly performed procedures in dentistry, as documented by the estimated 250 million oral prophylaxis performed annually. Because most dental patients expect stain removal as part of the prophylaxis, clinicians perform polishing routinely. This interactive hands-on workshop is designed to provide the practitioner with polishing skills to move beyond the competent clinician to master clinician. Current scientific information, patient communication, as well as hands-on experience with an innovative device focusing on protective hand and postural ergonomics for musculoskeletal wellness will be covered. <b>2 CE Credits. Fee \$10. Commercial Support by: Discus Dental</b></p>  | Hands-on Workshop                    |
|                                     | <p><b>Oh Baby! The Essential ABC's of Infant and Preschool Patient Care for Every Practice</b><br/> <span style="float: right;"><b>Linda Blackiston, RDH, BS</b></span></p> <p>Establishing a lifetime of good oral health begins in the womb. The U.S. Surgeon General stated that dental caries in our pediatric population is one of the most serious health concerns in this country. Early prevention and intervention are the keys to ending this "silent epidemic". Join fellow clinicians to discuss the components of establishing a "dental home" by the child's first birthday and break down the barriers of treating young patients. Learn the importance of a pediatric dental risk assessment and new strategies to utilize that assessment. Examine the latest information on fluoride treatments for the preschool child and the most current data on xylitol as a preventive agent. Today, not only parents but extended families are involved in raising children. Be a part of the solution and find out how every practice can play a part in ending this "silent epidemic". <b>2 CE Credits. Commercial Support by: Philips Sonicare</b></p> | Small Group Lecture                  |
|                                     | <p><b>Brushing With the "Stars"</b> <span style="float: right;"><b>Pat Pine, RDH</b></span></p> <p>We live in a fast paced high tech world; customized personal care is expected by many of our patients. Toothbrushes are becoming very progressive. Power brushes have many features to enhance home self care after periodontal therapy, implants, and bridges or for routine maintenance of health. Power brushes destroy the bacteria causing oral disease that affects the entire human body. Features like timers, quadrant pacers, UV sanitizers, special attachments and more options are available making the choices very confusing. How does a patient determine what power brush is best for their needs and wants? How do you, as their oral health care professional, determine what recommendation to make? Can a power-brush control biofilm? This hands-on/interactive course is designed to recognize the differences between a plethora of power brushes. <b>2 CE Credits. Commercial Support by: Zila Pharmaceuticals</b></p>   | Small Group Lecture                  |
|                                     | <p><b>What Is Old? Preparing For and Treating the Geriatric Dental Patient</b> <span style="float: right;"><b>Jane Weiner, RDH</b></span></p> <p>Understand fully the special needs and importance of preparing for proper treatment of the geriatric population. Emphasis will be placed on various conditions which can affect geriatric patient's dental health (limited budget and income, illnesses and systemic conditions, etc.). Become aware of the home care and treatment management, with an emphasis on the comfort level that we should be able to provide for the geriatric patient. <b>2 CE Credits.</b></p>   | Small Group Lecture                  |
| Sat 8:00 a – 12:00 p                | <p><b>Swiss Dental Academy Periodontology Master Class</b> <span style="float: right;"><b>Liz Lundry, RDH</b></span></p> <p>This course will introduce cutting edge, new technology now available in the U.S. Participants will have an opportunity to experience advanced ultrasonic and sub-gingival air-polishing technology to enhance clinical results and patient comfort. Advanced illuminated ergonomics ensure clinician comfort as well. <b>4 CE Credits. Fee \$20. Course Attendance Limited to 50. Commercial Support by: Electro Medical Systems</b></p>  | Hands-On Workshop                    |
| Sat 9:00 a – 12:00 p                | <p><b>Win the Battle Against Biofilm: Leverage the Power of Ultrasonics</b> <span style="float: right;"><b>Gail Malone, RDH, BS</b></span></p> <p>This course is based on the current scientific literature and evidenced-based strategies to provide clinicians practical guidelines regarding the use of ultrasonic instrumentation. Ultrasonic instrumentation techniques will be covered extensively following the dental hygiene process of care and utilizing hands-on activities. Patient cases demonstrating successful treatment with ultrasonic instrumentation will be shared. <b>3 CE Credits. Fee \$15. Course attendance limited to 50. Commercial Support by: Dentsply Professional</b></p>   | Hands-on Workshop                    |

Saturday, August 7 (continued)

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| <b>Saturday 10:30a – 12:30p</b>  | <p><b>Periodontal Treatment Guidelines for the General Practice</b> <span style="float: right;"><b>Larry Sweeting, DDS</b></span></p> <p>This session will discuss current concepts regarding periodontal disease and its management from a general practice perspective. Topics will include paradigm shifting of the medical perspective globally, perio-systemic links, etiology, pathogenesis, diagnosis, risk factors assessment and implications, case typing, presentation of a periodontal diagnosis and treatment protocol, adjunct considerations, re-evaluation considerations, referral criteria, surgical options, periodontal maintenance and host modulation. This is a fast paced review sure to provide at least a new pearl for everyone. <b>2 CE Credits. Commercial Support by: OraPharma</b></p>  | <b>General Session</b>     |
|  | <p><b>Providing Care for Women with Cancer: An Update for the Dental Hygienist</b> <span style="float: right;"><b>JoAnn Gurenlian, RDH, PhD</b></span></p> <p>More than 200,000 women are diagnosed with breast cancer and over 25,000 women are diagnosed with ovarian cancer each year. In addition, over 11,000 women are diagnosed with cervical cancer and more than 40,000 women have uterine cancer each year. These individuals face challenges as they proceed through the continuum of care, and require support of all health care providers from the time of diagnosis through treatment and after treatment is completed. The purpose of this course is to update the dental hygienist with information about female cancer diagnosis, treatment modalities and the effects of treatment on the oral health of the patient. Emphasis will be placed on how dental professionals can support women undergoing cancer treatment, and their role in managing the oral effects of cancer therapy. Given the time frame of this course for RDH Under One Roof 2010, this program will focus on breast and cervical cancers. <b>2 CE Credits.</b></p> | <b>General Session</b>     |
|  | <p><b>Pump Up the Volume for Healthy Mouths and Happy Hearts!</b> <span style="float: right;"><b>Tracy Jacobs, RDH</b></span></p> <p>Dental professionals are being faced with numerous challenges when attempting to communicate the potential connection of periodontal diseases and other systemic diseases, like cardiovascular disease. According to the American Heart Association, 1 in 3 American adults have one or more types of CVD. This course will address the top leading diseases of the cardiovascular system. It will also empower the dental professional to become an advocate towards a heart healthy lifestyle for their patients.</p> <p><b>2 CE Credits Commercial Support by: Philips Sonicare</b></p>  | <b>Small Group Lecture</b> |
|  | <p><b>Implementation of a Successful Caries Risk Assessment and Therapeutic Treatment Plan</b> <span style="float: right;"><b>Lillian Caperila, RDH, MEd</b></span></p> <p>Optimal oral health and caries prevention requires an experienced clinician to take closer charge of identification of risks associated with dental caries. This workshop will influence the participant to recognize an efficient risk assessment tool and utilize it to construct a sound therapy plan to maintain patients of all ages and risk levels.</p> <p><b>2 CE Credits. Commercial Support by: Premier</b></p>   | <b>Small Group Lecture</b> |
|  | <p><b>Enjoy the Magic of Power (formerly Good Vibrations-Enjoy the Magic of Power)</b> <span style="float: right;"><b>Pat Pine, RDH</b></span></p> <p>There are plenty of reasons to use power scalers today, from improved ergonomics to high tech fiber optic illumination handpieces, to enhanced patient comfort, imploding bacterial biofilm. With all the options on the market, how do you choose? Are we over scaling-under scaling; when is enough, enough? Whether you're looking for a piezoelectric or magnetostrictive scaler, we will discuss the breakdown of what you need to know. Magical things happen with power behind us. This will be an interactive course.</p> <p><b>2 CE Credits. Commercial Support by: Zila Pharmaceuticals</b></p>  | <b>Small Group Lecture</b> |
|  | <p><b>Balance of Power</b> <span style="float: right;"><b>Nancy Miller, RDH</b></span></p> <p>Trying to decide which power scaling technology works best for you can be a confusing experience. There are a multitude of manufacturers and equipment choices to sort through and choose from. Learning about the differences between the two ultrasonic technologies, magnetostrictive and piezoelectric, will enable you to make an educated choice for what is best for you in your practice. Exploring new ideas in operator use and instrumentation techniques will allow the participant a basis for choosing what will work best for them on an individual basis and with individual patients. Knowing when to pick up your hand instruments and when not to give up with power instruments is key to treatment thoroughness and clinician satisfaction. <b>2 CE Credits. Commercial Support by: Hu-Friedy</b></p>   | <b>Small Group Lecture</b> |
| <b>11:30 am – 2:00 pm Exhibits open</b>  |  |                            |
| <b>12:30 pm – 2:00 pm Lunch on Exhibit Floor (included in conference tuition) Sponsored by: Orascoptic Kerr</b>  |  |                            |
| <p><b>2:00 pm – 4:00 pm WRAP UP SESSION <i>Non-Verbal Etiquette for the Hygienist!</i></b> <span style="float: right;"><b>Linda Talley, CSP</b></span></p> <p>Business relationships are still about etiquette! Regardless of whether you're talking, working, or negotiating with a patient or colleague, you need to be aware of what is being said, even when no one is talking. It's called reading a person's body language, and we do it every day. Grab your chair, because this will be an incredible experience as you discover what you have been saying to your peers, your boss, and your patients -- even when you haven't uttered a single word!</p> <p><b>2 CE Credits. General Session</b></p> |  |                            |
| <p><b>4:00 pm – 6:00 pm Farewell Reception</b></p> <p>Don't miss the perfect ending to another great RDH Under One Roof conference! Join Discus Dental for a refreshing drink, snack on great food and dance away with your fellow hygienists! <b>Sponsored by: Discus Dental</b></p>  |  |                            |